

Age Discipline		Underbelt Divisions			Blackbelt divisions							
		NOVICE	INTERMEDIATE	ADVANCED	BLACKBELT							
		Underage and Adults	Underage and Adults	Underage and Adults	Under Age	Age	Discipline	Adults				
4 & 5	Weapons	male female	male female	male female		18 - 29	Weapons	male female				
	Traditional	male female	male female	male female			Traditional	male female				
		Open	male female	male female			male female	Open	male female			
	Fighting		male female	male female			male female	Fighting-Lt. <151lbs Fighting-Mid. 152-173 lbs Fighting-Lt. Hvy. 174-200lbs Fighting-Hvy. 201+ lbs Fighting-Lt. <121 lbs Fighting-Mid. 122 - 143 lbs Fighting-Hvy. 144+ lbs	male male male male female female female			
6 & 7		Weapons	male female	male female			male female	30 - 39	Weapons Traditional Open Fighting-Lt. <151lbs Fighting-Mid. 152-173 lbs Fighting-Lt. Hvy. 174-200lbs Fighting-Hvy. 201+ lbs Fighting-Lt. <121 lbs Fighting-Mid. 122 - 143 lbs Fighting-Hvy. 144+ lbs	male female male female male female female		
	Traditional	male female	male female	male female			male female male female					
		Open	male female	male female			male female			male female male female		
	Fighting		male female	male female			male female			male female male female		
8 & 9		Weapons	male female	male female		male female	40 - 49			Weapons Traditional Open Fighting-Lt. <151lbs Fighting-Mid. 152-173 lbs Fighting-Lt. Hvy. 174-200lbs Fighting-Hvy. 201+ lbs Fighting-Lt. <121 lbs Fighting-Mid. 122 - 143 lbs Fighting-Hvy. 144+ lbs	male female male female male female female	
	Traditional	male female	male female	male female		male female male female						
		Open	male female	male female		male female					male female male female	
	Fighting		male female	male female		male female					male female male female	
10 & 11		Weapons	male female	male female		male female		50 - 59	Weapons Traditional Open Fighting-Lt. <151lbs Fighting-Mid. 152-173 lbs Fighting-Lt. Hvy. 174-200lbs Fighting-Hvy. 201+ lbs Fighting-Lt. <121 lbs Fighting-Mid. 122 - 143 lbs Fighting-Hvy. 144+ lbs		male female male female male female female	
	Traditional	male female	male female	male female		male female male female						
		Open	male female	male female		male female					male female male female	
	Fighting		male female	male female		male female					male female male female	
12 & 13		Weapons	male female	male female		male female	60+			Weapons Traditional Open Fighting-Lt. <151lbs Fighting-Mid. 152-173 lbs Fighting-Lt. Hvy. 174-200lbs Fighting-Hvy. 201+ lbs Fighting-Lt. <121 lbs Fighting-Mid. 122 - 143 lbs Fighting-Hvy. 144+ lbs	male female male female male female female	
	Traditional	male female	male female	male female		male female male female						
		Open	male female	male female		male female					male female male female	
	Fighting		male female	male female		male female					male female male female	
14 & 15		Weapons	male female	male female		male female						male female male female male female female
	Traditional	male female	male female	male female		male female male female						
		Open	male female	male female		male female						male female male female
	Fighting		male female	male female		male female						male female male female
16 & 17		Weapons	male female	male female		male female						
	Traditional	male female	male female	male female		male female male female						
		Open	male female	male female		male female						
	Fighting		male female	male female		male female						
18 - 39		Weapons	male female	male female	male female						male female male female male female female	
	Traditional	male female	male female	male female	male female male female							
		Open	male female	male female	male female						male female male female	
	Fighting		male female	male female	male female						male female male female	
40+		Weapons	male female	male female	male female							male female male female male female female
	Traditional	male female	male female	male female	male female male female							
		Open	male female	male female	male female							male female male female
	Fighting		male female	male female	male female							male female male female